

Madelia High School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are offered daily on the Fruit & Vegetable Bar

January
2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Winter Break	2
5 Welcome Back! // HOM: Kale Corn Dog Yogurt Pak with Bagel Baked Beans, Vegetarian Variety of Veggies Fresh Fruit Bar	6 Cheese Bosco Sticks Marinara Sauce Turkey & Cheese Sandwich Side Caesar Salad Variety of Veggies Fresh Fruit Bar	7 Crispy Chicken Sandwich Spicy Chicken Sandwich Yogurt Pak with Bagel Steamed Veggies Variety of Veggies Fresh Fruit Bar	8 French Toast Sticks Sausage Patty Turkey & Cheese Sandwich Cucumber Ranch Salad Variety of Veggies Fresh Fruit Bar	9 Bacon Cheeseburger on a Bun Yogurt Pak with Bagel French Fries Variety of Veggies Fresh Fruit Bar
12 Roasted Beef Hot Dog on a Bun Yogurt Pak w/Pretzel French Fries Variety of Veggies Fresh Fruit Bar	13 Soft Beef Tacos Lettuce, Tomato and Cheese Chef Salad Refried Beans Variety of Veggies Fresh Fruit Bar	14 Italian Stromboli Yogurt Pak w/Pretzel Caesar Side Salad Variety of Veggies Fresh Fruit Bar	15 Creamy Chicken Spaghetti Garlic Toast Chef Salad Roasted Broccoli Variety of Veggies Fresh Fruit Bar	16 Toasted Cheese Sandwich Tomato Soup Yogurt Pak w/Pretzel Steamed Veggies Variety of Veggies Fresh Fruit Bar
19 No School	20 Beefy Nachos w/Cheese Sauce Lettuce, Tomato and Cheese Chicken Caesar Salad Spiced Pinto Beans Variety of Veggies Fresh Fruit Bar	21 Oven Fried Chicken Leg Whole Grain Dinner Roll Buffalo Chicken Wrap Mashed Potatoes Variety of Veggies Fresh Fruit Bar	22 Crispy Chicken Nuggets Whole Grain Dinner Roll Chicken Caesar Salad Steamed Green Beans Variety of Veggies Fresh Fruit Bar	23 HOM: Blood Orange Pizza Parlor Pizza Buffalo Chicken Wrap Baked Beans, Vegetarian Variety of Veggies Fresh Fruit Bar
26 Creamy Macaroni & Cheese Whole Grain Dinner Roll Ham & Cheese Flatbread Munchable Roasted Carrots Variety of Veggies Fresh Fruit Bar	27 LTO Tasting // HOM: Rosemary Roasted Beef Hot Dog on a Bun Chicken Schwarma Garlic Rosemary Potatoes Variety of Veggies Fresh Fruit Bar	28 2026 Senior Class Meal Chicken Taquito Ham & Cheese Flatbread Munchable Refried Beans Variety of Veggies Fresh Fruit Bar	29 Chicken & Gravy Whole Grain Dinner Roll Crispy Chicken Salad Mashed Potatoes Variety of Veggies Fresh Fruit Bar	30 No School

PRICES

Students	FREE
Adult Lunch	\$5.20
Entree	\$2.85
Milk	\$0.55

EXTRA INFO

Milk choice of 1% White or Chocolate Skim is included with Lunch. Entree Salads are served with a Dinner Roll.
For questions, contact Sarah Balmores Arevalo at:
madeliafsd@taher.com
Or call 507-642-3234 ext 4

HARVEST OF THE MONTH



Menus and nutrition
our app
Taher Food4Life®

