

Madelia High School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are offered daily on the Fruit & Vegetable Bar

October
2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 	30 	1 Corn Dog Yogurt Pak with Bagel Harvest Cheddar Sunchip Variety of Veggies Fresh Fruit Bar	2 Oven Fried Chicken Leg Macaroni & Cheese Crispy Chicken Salad Spiced Pinto Beans Variety of Veggies Fresh Fruit Bar	3 Pizza Parlor Yogurt Pak with Bagel Garden Salad Variety of Veggies Fresh Fruit Bar
6 Crispy Chicken Nuggets Whole Grain Dinner Roll Craving Chicken Salad Mashed Potatoes Variety of Veggies Fresh Fruit Bar	7 Bacon Cheeseburger on a Bun Honey Mustard Ham Wrap Baked Beans, Vegetarian Variety of Veggies Fresh Fruit Bar	8 Italian Toasted Cheese Sand with Marinara Craving Chicken Salad Kung Fu Carrots Variety of Veggies Fresh Fruit Bar	9 Chicken Bacon Ranch Melt Honey Mustard Ham Wrap Broccoli Salad Variety of Veggies Fresh Fruit Bar	10 Hearty Beef Chili Cornbread Bowl Craving Chicken Salad Garden Salad Variety of Veggies Fresh Fruit Bar
13 HOM: Butternut Squash Chicken Potstickers Chicken Fried Rice NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Warm Cinnamon Apples Variety of Veggies Fresh Fruit Bar	14 Cheese Bosco Sticks Marinara Sauce NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Sweet Potato Tots Variety of Veggies Fresh Fruit Bar	15 No School	16 No School	17 No School
20 Roasted Beef Hot Dog on a Bun Chef Salad French Fries Variety of Veggies Fresh Fruit Bar	21 Pasta with Hearty Meat Sauce Garlic Toast Pizza Munchable Roasted Broccoli Variety of Veggies Fresh Fruit Bar	22 LTO Feature! Italian Grinder Chef Salad Lemon Garbanzo Bean Salad Variety of Veggies Fresh Fruit Bar	23 Crispy Chicken Tenders Whole Grain Dinner Roll Pizza Munchable Mashed Potatoes Variety of Veggies Fresh Fruit Bar	24 HOM: Cranberry Toasted Cheese Sandwich Tomato Soup Chef Salad Cranberry Pear Salad Variety of Veggies Fresh Fruit Bar
27 Philly Cheesesteak Beef Taco Salad Potato Wedges Variety of Veggies Fresh Fruit Bar	28 French Toast Sticks Sausage Patty Buffalo Chicken Wrap Broccoli Salad Variety of Veggies Fresh Fruit Bar	29 Crispy Chicken Sandwich Spicy Chicken Sandwich Beef Taco Salad Sweet Potato Tots Variety of Veggies Fresh Fruit Bar	30 Beefy Nachos w/Cheese Sauce Buffalo Chicken Wrap Spiced Pinto Beans Variety of Veggies Fresh Fruit Bar	31 HOM: Vanilla Homemade Cheese Pizza Beef Taco Salad Garden Salad Variety of Veggies Fresh Fruit Bar Homemade Chocolate Chip Cookie

PRICES

Students	FREE
Adult Lunch	\$5.20
Entree	\$2.85
Milk	\$0.55

EXTRA INFO

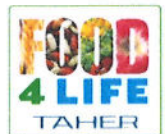
Milk choice of 1% White or Chocolate Skim is
included with Lunch. Entree Salads are
served with a Dinner Roll.
For questions, contact Sarah Belmares Arevalo
at:
madeliafsd@taher.com
Or call 507-642-3234 ext 4

HARVEST OF



THE MONTH

Menus and nutrition
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