

Walking Taco	1 serving	364	31 g	15 g	20.52 g	7.45 g	44 mg	286 mg	3 g	n/a	168	0.01	102 mg	1.77 mg					X				
Whole Grain Dinner Roll	1 each	80	14 g	4 g	1 g	0 g	0 mg	105 mg	2 g	n/a	5	0	20 mg	0.72 mg	X		X						
Yogurt Pak w/Pretzel	1 serving	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a									
Yogurt Pak with Bagel	each	430	59 g	17 g	11.5 g	9 g	35 mg	755 mg	1 g	n/a	300	1.2	520 mg	18.54 mg	X				X				